

5/11/2026 - 5/16/2026

<b>Monday</b>	Lunch	*Chicken tenderloin steak from Kiev LL, L Chicken sauce LL, L, NO-MILK
	Lunch2	Ham Carbonara LL, L
	Soup lunch	Herbal meat soup LL, L, G, NO-MILK
	Vegetarian lunch	Coconut- sweet potato soup LL, L, G, VEGAN, NO-MILK
	Dessert	Fruit LL, L, G, VEGAN, NO-MILK
<b>Tuesday</b>	Lunch	*Karelian Stew LL, L, G, NO-MILK
	Lunch2	Fish & Chips Pea purée LL, L, G Tartare sauce LL, L, G
	Soup lunch	Cowboy minced meat soup LL, L, G
	Vegetarian lunch	Cauliflower Wings LL, L, G, VEGAN, NO-MILK Curry Sauce, vegan LL, L, VEGAN, NO-MILK
	Dessert	Rosehip Layer Kissel LL, L, G
	<b>Wednesday</b>	Lunch
Soup lunch		Salmon and Vegetable Soup LL, L, G
Vegetarian lunch		Vegetable Baked Pasta, vegan LL, L, VEGAN, NO-MILK
Dessert		Quark LL, L, G
<b>Friday</b>	Lunch	Pusza Beef Stew LL, L, NO-MILK
	Lunch2	Cheeseburger meal
	Soup lunch	Spinach Soup & Egg
	Vegetarian lunch	Vegan burger meal LL, L, VEGAN, NO-MILK
	Dessert	Fruit curd LL, L, G
<b>Saturday</b>	Lunch	Swiss schnitzel LL, L, G Swiss schnitzels sauce LL, L, NO-MILK
	Dessert	Fruit kissel LL, L, G, VEGAN, NO-MILK

LL=low lactose L=lactose free G=gluten free

Lunch is available on weekdays from 9.00 - 13.00. \* marked available 9.00 - 17.00

Lunch served on Saturday 9.00 - 13.00

Picadeli salad bar open on weekdays 7.00 - 22.00

Special diets are usually prepared from lunch 1

**Helge is closed on Ascension Thursday 14.5.2026**